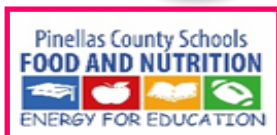


October 2024 Elementary Lunch Menu



2024 National School Lunch Week
October 14-18

SCHOOL LUNCH PIRATES
FIND YOUR TREASURE!
OCTOBER 14-18, 2024

DID YOU KNOW?
REAL PIRATES
EAT THEIR
FRUITS AND
VEGGIES!

2024 NATIONAL SCHOOL LUNCH WEEK

Daily Lunch Choices

Choose 1:
Meat / Meatless Entrée,
Entrée Salads,
Cold Sandwiches

Must Choose at least 1:
Hot & Cold Vegetables
Variety of Fruits & Juices
(may choose up to 2 servings each of fruits & veggies with their meal)

May Choose 1 Milk:
Low Fat White,
Fat Free Chocolate,
Fat Free Strawberry or
Fat Free Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For Menu & Nutrition Information or to download the app on your device Visit MealViewer.com</p>	<p>1 Choose One: Max Snax Quesadilla Chicken Cheese Quesadilla Meat Lovers Stromboli Chicken Caesar Salad Any Timers Cheese Pizza Choose: Green Beans • Marinara • Salsa Cup • Sliced Cucumber</p>	<p>2 Choose One: Cheesy Bread Popcorn Chicken Bowl Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit Choose: Mashed Potato & Gravy Corn Niblets • Marinara Sauce</p>	<p>3 Choose One: Pizza Variety Chicken & Veg Dumplings w/ Chicken Stir-Fried Rice Chicken Caesar Wrap Any Timers Turkey & Cheese Choose: Broccoli • Romaine Salad</p>	<p>4 Choose One: Hamburger on a Bun Cheeseburger on a Bun Baja Fish Tacos w/Tortillas Fruit & Yogurt Plate PBJ Uncrustable Kit Choose: Baked Beans Carrot Dippers Side Salad</p>
<p>7 Choose One: Chicken Tenders & Waffles Cheese Pizza Crunchers Chicken BLT Salad PBJ Uncrustable Kit Choose: Corn Niblets Farmstand Veggie Dippers</p>	<p>8 Choose One: Cheese Max Sticks BBQ Pork & Cheese Nachos Crispy Chicken Wrap Any Timers Cheese Pizza Choose: Santa Fe Black Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p>9 Choose One: Teriyaki Beef Dippers w/Rice & Fortune Cookie Battered Chicken Corn Dog Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit Choose: Crinkle Crispy Fries House Mixed Side Salad</p>	<p>10 Choose One: Pizza Variety Breaded Chicken Drumstick w/ Macaroni & Cheese Apple a Day Salad Plate Chicken Caesar Wrap Any Timers Turkey & Cheese Choose Green Beans, Romaine Salad</p>	<p>11 Choose One: Chicken Penne Alfredo w/ Garlic Bread Crunchy Breaded Alaskan Fish Sandwich Fruit & Yogurt Plate PBJ Uncrustable Kit Choose: Broccoli Florets Carrot Dippers Side Salad</p>
14	15 NATIONAL	16 SCHOOL	17 LUNCH	18 WEEK
<p>No School for Students Pro-Ed Day</p>	<p>Choose One: Beef or Pork Tacos Mini Cheese Calzones Chicken Caesar Salad Any Timers Cheese Pizza Choose: Refried Fiesta Beans Marinara Sauce Cup Triple Berry Blast Veg Juice</p>	<p>Choose One: Tangerine Chicken w/ Rice & Fortune Cookie Macaroni & Cheese Apple a Day Salad Plate PBJ Uncrustable Kit Choose: Broccoli Florets House Mixed Side Salad</p>	<p>Choose One: Pizza Variety Crispy Chicken Sandwich Chicken BLT Salad Any Timers Turkey & Cheese Choose Deli Roasted Potato Romaine Side Salad</p>	<p>Choose One: Breakfast for Lunch Alaskan Fish Sticks & Tater Tots Basket Fruit & Yogurt Plate PBJ Uncrustable Kit Choose Crispy Tator Tots Carrot Dippers Side Salad</p>
<p>21 Choose One: Grilled Cheese Grilled Ham & Cheese Cherry Blossom Chicken w/ Lo Mein & Fortune Cookie Apple a Day Salad Plate PBJ Uncrustable Kit Choose: Tomato Soup Farmstand Veggie Dippers</p>	<p>22 Choose One: Max Snax Quesadilla Chicken Cheese Quesadilla Meat Lovers Stromboli Chicken Caesar Salad Any Timers Cheese Pizza Choose: Green Beans • Marinara • Salsa Cup • Sliced Cucumber Side Salad</p>	<p>23 Choose One: Cheesy Bread Popcorn Chicken Bowl Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit Choose: Mashed Potato & Gravy Corn Niblets • Marinara Sauce Cup</p>	<p>24 Choose One: Pizza Variety Chicken & Veg Dumplings w/ Chicken Stir-Fried Rice Chicken Caesar Wrap Any Timers Turkey & Cheese Choose: Broccoli Romaine Side Salad</p>	<p>25 Choose One: Hamburger on a Bun Cheeseburger on a Bun Baja Fish Tacos w/Tortillas Fruit & Yogurt Plate PBJ Uncrustable Kit Choose: Country Baked Beans Carrot Dippers Side Salad</p>
<p>28 Choose One: Chicken Tenders & Waffles Cheese Pizza Crunchers Chicken BLT Salad PBJ Uncrustable Kit Choose: Corn Niblets Farmstand Veggie Dippers</p>	<p>29 Choose One: Cheese Max Sticks BBQ Pork & Cheese Nachos Crispy Chicken Wrap Any Timers Cheese Pizza Choose: Santa Fe Black Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p>30 Choose One: Teriyaki Beef Dippers w/Rice & Fortune Cookie Battered Chicken Corn Dog Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit Choose: Crinkle Crispy Fries House Mixed Side Salad</p>	<p>31 Choose One: Pizza Variety Breaded Chicken Drumstick w/ Macaroni & Cheese Apple a Day Salad Plate Chicken Caesar Wrap Any Timers Turkey & Cheese Choose: Green Beans, Salad</p>	<p>***Students may choose only 1 juice: Fruit or Veg</p>

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.